As I sit to write this month's article, we find ourselves living in incredibly challenging circumstances. Never in peacetime has a Prime Minister or his Government been faced with such difficult decisions. From the very beginning of this crisis, our Prime Minister and Government have been led by the advice of our world-leading scientists.

We all need to recognise that our NHS, like any other health service, has only a limited number of doctors, nurses and specialist equipment. So, the more people who become sick at any one time, the harder it is for the NHS to cope. This is why it is so important to delay the spread of the disease and reduce the number of people needing hospital treatment at any one time.

I really cannot stress enough the importance of our Prime Minister's message to Stay At Home, Protect Our NHS and Save Lives.

Here in Suffolk, we have a great track record of coming together to help those in need and to support each other and I'm pleased to be able to share details of a new Suffolk-based community service supporting those in need during the COVID-19 outbreak. Called "Home, but not alone" the service connects people who want to volunteer in their communities with neighbours who are most in need. Volunteers can sign up via a free app, Tribe Volunteer and the phone number for those in need of genuine help is **0800 876 6926**. Lines will be staffed from 9am to 5pm 7 days a week.

I would like to personally pay tribute to all our outstanding NHS staff working tirelessly around the clock, in incredibly challenging circumstances, caring for those not only affected by COVID 19, but also who are still needing care under normal circumstances. I would also like to put on record my thanks to our local council staff, our teachers and school workers, police, transport workers and everyone doing their bit in our communities to help and look out for each other. I am incredibly proud of everyone rising to the challenge and helping to support those in need in our communities.

These are unprecedented times in our generation and I also know that a great many of you will be worried about your jobs, our schools and money. I'm doing my very best to keep my website up to date with helpful and current information, so please do check there if you have any queries – <u>www.drdanielpoulter.com</u>

By the time this article goes to press and finds its way to you, matters may well have progressed further, but the best advice I can offer is stay at home, help to protect our NHS, help to stop the spread of COVID-19 and save lives.

Dan Poulter, MP. 23/03/2020

MP

The Kettleleles

We started out as two, a 'duo', and now we are five, a 'quintet'!

Initially we only played ukuleles and we came from Kettleburgh hence "The Kettleleles". We still all come from Kettleburgh but with the larger band we have included more instruments like cahon, electric bass, drum machine (which tends not to get drunk), acoustic and electric guitars and, most importantly, more voices and thus our repertoire has developed somewhat and continues to do so.

We have played in public a number of times but would like to do so more. Our last 'gig' was last New Year's Eve in the village hall and, even if I say so myself, was a success.

We normally practice/rehearse every week but the Covid-19 lockdown currently prevents this and so we are looking for a virtual platform to use. However, so far, "JamKazam" and "Jamulus" are proving to be problematic with 'latency' (that results in an annoying echo) but we are still working on this.

We are and remain

Bill Phone, Percy Phone, Snag, Flyer and Dolly.

Trevor Jessop 18/04/2020

The Kettleburgh Town Estate Charity No 207258

This charity was originally set up with funds from the sale of the Church Cottages where Mr and Mrs Duckham and Mrs Glasson now live.

Originally the money was given to the OAPs in the form of coal.

However we now spend our limited resources in the form of grants to first year college students who reside within the parish.

This small charity is run by the Church Warden John Bater, the Priest in charge Graham Hedger, John Brooke, Clare Norman and Martin Sims.

John Bater 20/04/2020

District Councillor

At the moment, as you would imagine, the focus of East Suffolk Council is maintaining as many services as possible whilst also observing Government advice on social distancing. All Councillors and most staff are working from home and communicating electronically via skype, to assist the Government in supporting individuals and businesses across the district.

My primary function at the moment is making sure that all businesses claim the grants that are available to keep their businesses going through this crisis. The whole finance and economic development teams are doing an amazing job dealing with the applications and getting the monies paid out to over 6,000 businesses.

The Council has been prioritising the care of the elderly and vulnerable and making funds available to assist local groups in that care. There has been an amazing response from the Towns and parishes across the district with so many volunteering to help those in greater need than themselves.

Also of primary importance has been maintaining the collection of waste. Our partners, Norse, have been excellent in continuing to provide this vital service and prevent any further public health issues.

I wish all in Kettleburgh well and look forward to when we can hold the Parish meetings and we can all, once again, meet up.

Maurice Cook 23/04/2020