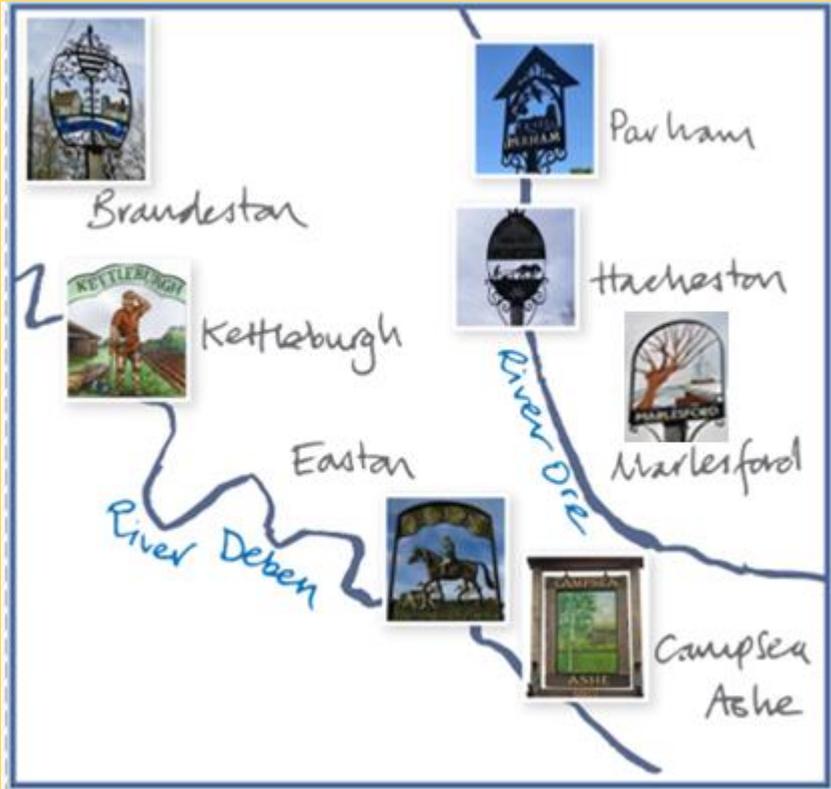


A SLICE OF SUFFOLK



**A magazine for the Orebeck Benefice
in the Deben and Ore valleys:**

**Sharing news of local people
and community events.**

OCTOBER 2023 - Number 15

60p a copy



Who's Who

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ELDERS:	Mary Baker	01728 685807
	Jackie Clark	01728 723623
	Jane Woodbury-Egins	01728 746667
	John Bradfield	01728 724481
	Carol Cooke	01728 747625
	Jane Slade	01728 723707
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Brandeston (All Saints)	Mary Baker	01728 685807
	Chris McArthur	01473 737553
Kettleburgh (St. Andrews)	John Bater	01728 723532
	Persephone Booth	
Easton (All Saints)	Jane Woodbury-Egins	01728 746667
Parham (St Marys)	John Bradfield	01728 724481
	John Adams	07789 746910
Marlesford (St Andrews)	Lord Marlesford	
	Nan Waterfall	01728 747038
Campsea Ashe (St John the Baptist)		
	Glenys Fear	01728 747177
ORGANIST:	Graeme Hall	01728 746371
Hacheston (All Saints)		
PCC SECRETARY/TREASURER:		
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	P Jos Slade	01728 723707
	B Chris McArthur	01473 737553
SAFEGUARDING OFFICER:	Lesley Bensley	07901882464
	lesleybensley@gmail.com	

A word for the Orebeck Benefice

Dear Friends,

I want to share a piece written by the late Ronald Blythe, who has been writing about rural life in his native Suffolk for nearly sixty years. He wrote his articles 'Word from Wormingford', the village where he lived, for the Church Times for over twenty years.

Here is one that he wrote for the Thirteenth Sunday after Trinity in 1992, it is a wonderful evocation of rural church and a lovely reminder that the seasons of the year roll past (despite the weather growing ever stranger) and that we must always be open to the wonder of God's creation and the blessings that each season can bring:

"On the ground and in the air, autumn has arrived. The harvest is in, and its aftermath begins to flourish on the stubble. The cracked fields look as though they haven't been rained on for a year. Their dust films our shoes as we set out on the annual church farm walk. The King's Farm cows shake their heads as the congregation threads its way across their pasture and a great meadow to Vicky's, where lemonade awaits us.

We are full of Sunday dinner and footpath maps, as we walk through Vicky's tall wood where every tree reaches for the skies, over the striped pea fields, past the reservoir and then across the lane to Knight's Farm. We are met with an astonished chorus by calves, guinea fowl, cockerels and other creatures at this invasion. Is there to be no rest, they ask?

We stop for tea and Mr Knighton brings me two letters to his great-grandfather from John Wesley and I sit and read them by the barn. At six we move to a lawn set out with straw bales and we sing Evensong. Vicky reads from the Book of Ruth, Chapter 2, and I do a makeshift sermon. We sing the evening hymns, and the animals join in. There are forty of us. Unless you are acquainted with fields, woods and farm, why would you live in the countryside? How could you worship in a village church, unless you know something of the seasons?" Rev'd Ann

**Coffee with the Rev'd Ann at the Station café on Tuesday
17th October 2023 from 10.30—12.00.**

Come and join her for coffee and chat as she gets to know you all, and you might meet others from across our Benefice.

Contacting Rev'd Ann

Rev'd Ann's appointment is on a 0.5 basis, and her normal working days will be Saturday, Sunday, Monday and Tuesday. Outside of those days please leave an answerphone message or email which she will attend to as soon as possible. If there is an emergency then please contact one of the Benefice Elders or Churchwardens who will be able to contact her.

Rev'd Ann Kember

Priest-in-Charge

Tel: 01473 791505/ Mobile: 07369 240252

annkember58@gmail.com

Orebeck Benefice Joint PCC Meeting

There will be a Joint PCC Meeting for all PCC members of our seven parishes on

Tuesday 17th October at 7pm in Kettleburgh Village Hall.

Limited parking is available at the hall, please car share if possible.

IMPORTANT NOTICE

A Message to all our Readers

The next 'Slice of Suffolk' Benefice magazine will be the last magazine Unless ... someone steps forward and takes on the Editor role. It's not too late to express interest.

Contact Nan Waterfall email: infoforSOS@gmail.com

Next month the magazine will feature both November and December so please make sure you send in all the relevant notices, messages, posters and news to cover the events up to the end of 2023. **The Deadline date is October 19th 2023.**

Thank you.

SHCT Ride and Stride on September 9th.

This was the hottest September day since 1949, apparently. I wasn't just cycling this year, but stopping at the churches to ring their bells. We held the usual practice at Campsea Ashe, then were joined by the Wickham Market, Pettistree and Bredfield ringers, led by Ray Lewis, who'd planned the mini-tour. After another spell of ringing, all eighteen of us cycled to the station to have lunch! By this time, the weather was boiling hot. After lunch, we cycled to Marlesford along the sandy back-road. The Marlesford bells aren't rung very often, so they were quite hard work! The next church was Hacheston. One of our number got off his bike to paddle in the stream at the Marlesford ford, on the way. We rang at Hacheston, but then I had to leave the group to attend my granddaughter's fourth birthday party! The others continued to Parham and finally Easton, where I believe they rang for a wedding. The bride and groom were leaving the church as the cyclists arrived and were very happy to hear the bells. We were accompanied during the trip by Mike and Anne in their Austin 7 and a Lagonda, whose owners I don't know.

I arrived at the party venue in Wickham Market, glowing with heat. At 5pm I cycled home – a more comfortable ride, as it was beginning to cool off by then.

I would like to thank Debbie and Hannah who spent all day in Campsea Ashe church, welcoming cyclists and supplying them with home-made refreshments.

If you haven't sponsored anyone and would like to contribute to the SHCT, who give grants to enable churches to be repaired and facilities to be installed, then please look at my fundraising site at www.justgiving.com/page/glenys-fear-1693587626432



Church Services for October 2023

1 st	Trinity 17	10am	Benefice Holy Communion	<u>Campsea Ashe</u>
8 th	Trinity 18	9.30am	Holy Communion	Brandeston
		11am	Morning Worship	<u>Campsea Ashe</u>
			Harvest	Parham
			Morning Prayer	Easton
6.30pm	Evening Prayer	<u>Marlesford</u>		
15 th	Trinity 19	9.30am	Zoom Morning Service	
			Holy Communion	<u>Marlesford</u>
		11am	Morning Worship	<u>Kettleburgh</u>
Morning Prayer	Parham			
22 nd	Trinity 20	9.30am	Morning Worship	Brandeston
			Holy Communion	<u>Campsea Ashe</u>
		11am	Holy Communion	Hacheston
		6.30pm	Evening Prayer	<u>Kettleburgh</u>
29 th	Last Sunday after Trinity	10am	Benefice Holy Communion	Easton

Monday prayers at 4pm at Campsea Ashe
 Compline is said at Marlesford every Wednesday at 5pm

The next Benefice service will be at Hacheston

Brandeston



BRANDESTON FILM CLUB

From now on, members can rejoin the Film Club, for £5 for the year. New members are welcome, and being a member allows a reduction in entry price (£5 rather than £6) for at least a year. However, guests and friends are always welcome.

Our next film on Friday 13th October will be **Allelujah**. Doors open at 7.00 p.m. for a 7.30 p.m. performance. Allelujah is a warm and deeply moving story about old age. When the geriatric ward in a small Yorkshire hospital is threatened with closure, the hospital decides to fight back by galvanizing the local community: they invite a news crew to film their preparations for a concert in honour of the hospital's most distinguished nurse. What could go wrong? Allelujah celebrates the spirit of the elderly patients whilst paying tribute to the deep humanity of the medical staff battling with limited resources and ever-growing demand.

"This watchable, undemanding drama rolls along capably, enlivened by unmistakably Bennetian gags and drolleries which come along every minute or so." The Guardian

"While the polemics can be a little too insistent, producing an abrupt and unexpected climax, the ending – which has Dr Valentine deliver a fervent tribute to the health system and its frontline troops – is both bold and unexpectedly moving."

Watch the trailer at <https://www.youtube.com/watch?v=KGektpTIYqo>

We will be looking forward to showing **The Old Oak** in November – a Ken Loach film, which makes a ringing statement of faith in compassion for the oppressed. In December we have **What's Love Got To Do With It?** a light-hearted film for the festive season, with food and drinks before the film. We hope you can join us.

Best wishes

Christopher McArthur 07887 825008, Roz McKenzie 07910979781,
Steve Western and Michael Cousens



Brandeston



Brandeston's Pop Up Pub will next open on the following Fridays at 6pm:

October 20th
November 17th
December 22nd



Brandeston All Saints Church Cleaning Rota

Ruth & Mary	1st October
Roz & Janet	15th October
Maida & Liz	29th October
Julia & Kelly	12th November
Lydia	26th November
Helen & Lynne	10th December
Ruth & Mary	24th December



St Andrews Church, Kettleburgh



	Cleaning	Flowers
October	Jackie & Bill Clark	Shelley Eaton
Novemebr	Claire Norman	Claire Norman
December	Val & Trevor Butcher	Julie Duckham

Parham



Parham Village Hall

If you'd like to book our main hall, meeting room or games room, please contact Ellie on parhamhallbookings@gmail.com or 07794069233 for more information.



WHAT'S ON

Mondays

**Framlingham Spinners
& Weavers**
10:00-12:00

Contact: Joy Porter
jkporterowl@gmail.com

Tuesdays

Powerhoop
10:00 – 11:00

Contact: Eleanor Sharratt -
07976299297 or
eliewri24@hotmail.co.uk

Table Tennis
19:30 – 21:30 (every other
Tuesday)

Contact: Terry Mee –
terrymee@suffolkonline.net

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Parham



**Parham
Harvest Festival**

will be held in

Parham church

on |

Sunday 8th October 2023

at 11:00 am

Collection money will be donated to the Royal
Agricultural Benevolent Institution and donations of
dry or tinned food given to the local food bank

**There will be a bring and share lunch in
the church after the service**



Parham



Plant and Cake Sale

There will be a sale of plants and cakes at Parham Church
on Saturday 14th October from 10:00 am to 12:00 mid day
Coffee and tea will be available

PARHAM Jumble sale, white elephants & books

Saturday, 28th October

2 - 4:30pm

At

Parham Village Hall

Ip13 9LZ

Please bring any Donations to the hall

on Friday 27th October 7pm

or contact Annette 01728 746317 or Jackie 01728 621229

to arrange convenient time.



Parham



**Parham Village Hall Quiz Evening
with Chilli con carne & Baked Potato
Supper
on 11th November at 7pm for a 7:30
start**



**Bar will be open
£10/ticket**



Please book your tickets in advance to help with catering by ringing 01728 746317 or 01728 724313 or e-mail annette.gray01@btinternet.com or sandrapoacher@hotmail.co.uk

Please let us know if you require a vegetarian chilli con carne or grated cheese.

Hacheston



**Hacheston All Saint's Church Flower
October Rota
1st, 8th, 15th, 22nd and 28th
Angela Hurlock**

Hacheston



Hacheston Village Hall is open for hiring.

The Petanque Courts at the Village Hall have been upgraded to improve their accessibility. All residents are welcome to use the Courts, but please make sure you close the gates afterwards to prevent the rabbits getting in.

Booking Clerk

Meryem Siemmond hachestonvillagehall@yahoo.com 07772 354492

Regular classes:

Monday

9.30-11.30 **Toddler Group** Sandra Poacher sandrapoacher@hotmail.co.uk

6.00 -7.30 **Yoga** Jo Ogden-King jokingy@hotmail.com 07855 755982

7.45-8.45 Guitar class Ivan Emeny ivan.emeny@gmail.com 07963329571

Tuesdays

8.30am – 3.30pm **NHS Cardio Rehab**

4.45pm –8.15pm **Ballet.** Anna Hartley admin@arschoolofdance.com 07740 769742

Wednesdays

9.45am-10.45am **Fitness dance** Cassie
Drake cassiedrake1@hotmail.com 07956 351275

2.00pm–2.45pm; 4.30pm–
7.45pm **Ballet.** Anna Hartley admin@arschoolofdance.com 07740 769742

Thursdays

10.00am – 12.00pm **Art Club.** Lorna Edwards lornaed@hotmail.com 07971 077415

4.45pm – 8.15 pm **Karate.** Elizabeth Arvanitidou earvan120@gmail.com 07495 608475

Fridays

8.30am–1.00pm **Cardio rehab** with Jon
Regester info@jonregester.co.uk 07941 303956

Hacheston



HACHESTON VILLAGE HALL ACTIVITIES

Friday 29th September – HARVEST SUPPER

Tickets will be £9 per head with under 12s free of charge.

Numbers are strictly limited and reservations must be made in advance.

Friday 27th October – QUIZ NIGHT

Our ever-popular quiz night returns. A great evening of entertainment and ploughman's supper and prizes included in the ticket price. £8 per head.

Friday 24th November – LIVE BAND - SHATTERED

Popular local band SHATTERED will perform in the Village Hall from 7:30pm (bar open from 7). Tickets will be strictly limited to due capacity constraints.

Friday 15th December – FAMILY CHRISTMAS CELEBRATION

For all the family, the evening will start early (for little ones) and will include live music, singing and festive fare.

Sunday 31st December – NEW YEAR'S EVE BAR NIGHT

Bring and share food, enjoy each other's company as we say goodbye to 2023 and welcome in 2024.

Further details will be available nearer the time of each event, including booking details and ticket sales where applicable. Details will be posted here, on the Hacheston Village Facebook Page and in the Parish Magazine.

Marlesford



Saturday, October 28th

6.30 for 7.00pm

Dominic Moore, violin, and Andrew Quartermain, piano

A French Soiree

We welcome Dominic's return to give us an evening of music

by French composers, including Cezar Frank

and Darius Milhaud

Tickets: Adult £12.00, including wine: under 15 £4.00

Nan Waterfall 01728 747038 or 07963 569223



Community Cafe
Marlesford Community Centre
Thursday mornings 10-12

Marlesford



BETLE DRIVE



at

MARLESFORD COMMUNITY CENTRE.

Friday November 3rd at

7pm

£3 entry

Tea and Coffee will be provided but please bring
your own drinks if you wish.

More dates for your Beetle diary!

8th December

5th January



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Like many of you I feel blessed to live in Suffolk. I always do my best to support local businesses, especially our farmers and food producers. Most of you are aware, that as well as being your MP, I am a doctor working in the NHS and, not long ago, I wrote about the perils of faddy and extreme diets. Buying locally produced fresh, seasonal food is absolutely vital for our health and it is also far better for our environment if we buy local and keep our food miles down wherever possible.

I often visit our local farmers and farm shops, and I am always impressed by the high quality of local produce, by our high animal welfare standards and by the high standards of traceability from farm to fork of Suffolk produced food and drink. However, many of us lead busy lives, and it is often necessary to do our shopping online as we keep up with the demands of juggling work and family. There are also many people who struggle with mobility issues and other health concerns who find online shopping an essential lifeline.

I am sure that most people, whatever their shopping habits, always hope to find ways to support local producers where they can. That is why I have called on all of the big supermarkets to adopt a simple new system to make it much easier for online shoppers to buy British.

At the end of August, I helped to co-ordinate a letter from over 100 MPs that went out to the big supermarket companies urging them to support a Buy British Campaign. We are asking supermarkets to highlight the very best of British produce by incorporating a 'Buy British' section on their online shopping pages. The simple addition of a tab that collates produce from farmers across the UK will help customers shop locally quickly and easily, with the click of a mouse.

Many of our shops and supermarkets already label British made and farmed products, The addition of a 'Buy British' button is simply providing the online shopper with the same ability to better identify homegrown produce as is already enjoyed by those attending a shop in person. A 'Buy British' button could encourage customers to eat seasonally and healthily and support their local farmers at the same time.

DAN POULTER CONTINUES ...

I have long championed the work of Suffolk's farmers in improving our food security, supporting a strong local economy and preserving and protecting the environment. I know the people of Suffolk want to back our local farmers and food producers. We all want to understand more about where our food comes from and how it is produced. This simple change on supermarket webpages will help to ensure home grown food is easily identifiable and that in the future we can all play our part in backing British farmers and food producers.



To advertise in 'A Slice of Suffolk' please contact

Nan Waterfall email: inforforSOS@gmail.com

Or Tel: 01728 747038

Size	One month	Three months	Six months	One year
Eighth page	£4	£11	£20	£35
Quarter page	£8	£22	£40	£70
Half page	£16	£40	£75	£140

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