

A SLICE OF SUFFOLK



**A magazine for the Orebeck Benefice
in the Deben and Ore valleys:
Sharing news of local people
and community events.**

MAY 2023 - Number 10

60p a copy

Who's Who

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A word from ... Jane Woodbury-Eggins

He has risen!

'They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus. While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. In their fright the women bowed down with their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here; he has risen!"' (Luke 24:2-6, NIV)

What happened after Easter to the disciples? They met the risen Lord and carried on his work.

What should we do once Easter is over? Finish the chocolate eggs? Go to the garden centre to stock up? Remember what Jesus has given us and carry on in thankfulness?

Jesus made the world open to us to go on in his name. Dare we seize the opportunity?

With Spring around the corner and with a new Priest-in-Charge, can we revive enthusiasm for our faith, our worship and our churches?

May the Lord bless our efforts to serve him anew.



Church Services for May 2023

Church Services for May				
7th	Coronation Weekend Celebration Services	9.30am	Campsea Ashe	
		10am	Brandeston with Kettleburgh	
		11am	Easton	
			Parham with Marlesford and Hacheston	
14th	6th Sunday of Easter	9.30am	Zoom Service	
			Holy Communion	Brandeston
		11am	Holy Communion	Parham
		6.30pm	Evening Prayer	Marlesford
21st	Sunday after Ascension Day	9.30am	Holy Communion	Marlesford
		11am	Holy Communion	Kettleburgh
		11am	Morning Prayer	Parham
28th	Pentecost	9.30am	Morning Worship	Brandeston
			Holy Communion	Campsea Ashe
		11am	Holy Communion	Easton
				Hacheston
6.30pm	Evening Prayer	Kettleburgh		

For an invitation to our Zoom service contact Bill

bill78@btinternet.com

Friday Prayers in May at 4pm at Easton

Compline is said at Marlesford every Wednesday at 5pm

The service on Sunday 4th June is at 10.00 at
Hacheston.

A Gentle Reminder

The maximum number of words for articles is 400, and the editorial team reserves the right to abridge longer articles in order to fit the size of the magazine.

Please Note: The opinions expressed by authors of articles in 'A Slice of Suffolk' are entirely those of the authors and do not necessarily reflect those of the editorial team. 'A Slice of Suffolk' magazine is not liable for the accuracy of the information provided or responsible for any use of the content. Thank you.

The Deadline date for JUNE 2023 magazine is ...

21st MAY 2023.

Please send all articles and adverts to:

infoforSOS@gmail.com with the title 'Article' or

'Advert' at the top of your email. Thank you.

Advertising

Size	One month	Three months	Six months	One year
Eighth page	£4	£11	£20	£35
Quarter page	£8	£22	£40	£70
Half page	£16	£40	£75	£140

Brandeston



BRANDESTON FILM CLUB

On Friday May 12th, we are going back in time to celebrate the 60th birthday of *Charade*, a classic comedy thriller. After Regina Lampert (Hepburn) falls for the dashing Peter Joshua (Grant) on a skiing holiday in the French Alps, she discovers upon her return to Paris that her husband has been murdered. Soon, she finds herself threatened by three of her late husband's World War II cronies, Tex (James Coburn), Scobie (George Kennedy) and Gideon (Ned Glass), who are after a quarter of a million dollars the quartet stole while behind enemy lines. Peter seems to be on her side, but why does he keep changing his name?

It's Cary Grant and Audrey Hepburn at the top of their game. The New York Times 1963 "Grant imparts his ineffable charm, Kennedy provides comic brutality, while Hepburn is elegantly fraught. There are also smart Parisian settings and smart Mancini music."

Watch the trailer at <https://www.youtube.com/watch?v=C6T2Q4XO7uA>

You do not need to book in advance for the evening's performance any longer, so please just come along for a fun evening with local ice creams and a well-stocked bar. Costs remain as previous years (£5 members, £6 non-members). Tea/coffee and biscuits at the break are free for you to enjoy. Doors open at 7.00 p.m., the film runs from 7.30 p.m. There is plenty of parking available at the Village Hall. We look forward to seeing you.

Christopher McArthur 07887825008

Roz McKenzie 07910979781,

Steve Western and Michael Cousens



Brandeston



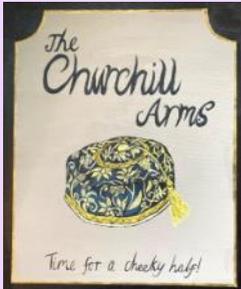
All Saints Brandeston Church Cleaning Rota

Maida & Liz	14 th May 2023
Julia & Kelly	28th May 2023
Lydia Freeman	11th June 2023
Helen & Karren	25th June 2023

Saturday 27th May at 10:00am ALL SAINTS CHURCH BIG CLEAN

Please join us for a 'team clean'. ALL welcome -Kelly Jeffery (01728) 685117 Refreshments provided.

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The Churchill pop up pub will next open its doors at 6:00 pm on these dates for the next three months:

- 19 May • 16 June • 21 July

.....

Kettleburgh



St Andrews Church, Kettleburgh

	Cleaning	Flowers
May	Fay Clarke	Fay Clarke
June	Julie & Jim Duckham	Julie Duckham

Easton



Pilgrim Cross 2023



The group carrying their full-sized cross visited Easton church on their way from Colchester to Walsingham. They were with us on the Monday of Easter week having walked from Woodbridge and taking a tea break before going on to Framlingham for the night.

They shared some thoughts about creation, farming and harvest and we shared some thoughts and prayers with them.

This was only the second time since the pandemic that they had been able to do their pilgrimage. The group consists of all ages from teenage to post retirement and are a lovely bunch of people.

Easton



Services in Easton

On Sunday 7th May at 11.00 am there will be a special service to mark the Coronation of King Charles III. We shall celebrate with readings and hymns and prayers for his reign.



The other service for the month is Holy Communion on 28th May at 11.00 am.

May Fair

Preparations are well ahead for the May Fair on 13th May. We are looking forward to seeing everyone at our annual event.

We hope lots of people will get involved and come and enjoy all the fun of the fair. This is the church's principal fundraiser for the year and we are praying that the sun will shine for us!



Sunday Cafe



Discussion Group

The Discussion Group meets again on 10th May, when we shall be discussing "what's in a name?" The meeting this month is at Ash Grove, New Road, Framlingham at 10.30 am. New members are always welcome.

Services on Zoom

The Zoom service is on 14th May. If you would like to join this online service, please register with Bill Clark for the link (bill78@btinternet.com)

Easton



EASTON

MAY FAIR



Saturday 13th May

2 till 4 pm Village Green

Ipswich Community Wind Band

Crowning of the May Queen

Rabble Chorus

Plus lots of stalls and side shows

(In aid of All Saints Church)

Parham



The **Annual General Meeting** of
Parham Village Hall Management Committee

will be held on **THURSDAY 4TH MAY 2023**

In **Parham Village Hall** at **7pm**. All welcome.

Parham Parish Council is thinking of holding an event to mark the Coronation, similar to that held last summer for the Jubilee, on Sunday 7th May.

Please could Parham residents let us know if ...

- a) you would be interested in attending
- b) you would be able to help

parhamparishclerk@gmail.com

Our Annual Parish Meeting and Parish Council Annual General Meeting will both be held on Tuesday 23rd May from 7pm. Reports from clubs, organisations and charities in the village are welcomed, either written and submitted in advance, or verbally on the night.

Refreshments will be available and you will be welcome to ask your new Councillors questions and find out more about what has been going on in Parham over the last year.

Parham - Time to get walking again!

John Harris

www.walkinginengland.co.uk

john@walkinginengland.co.uk



Hacheston



Hacheston Village Hall is open for hiring.

The Petanque Courts at the Village Hall have been upgraded to improve their accessibility. All residents are welcome to use the Courts but please make sure you close the gates afterwards to prevent the rabbits getting in.

Booking Clerk: Meryem Siemmond hachestonvillagehall@yahoo.com

Regular classes:

Monday

9.30-11.30 **Toddler Group** Sandra Poacher sandrapoacher@hotmail.co.uk

6.00 -7.30 **Yoga** Jo Ogden-King jokingy@hotmail.com 07855 755982

Tuesdays

8.30am – 3.30pm **NHS Cardio Rehab**

4.45pm –8.15pm **Ballet.** Anna Hartley admin@arschoolofdance.com 07740 769742

Wednesdays

9.45am-10.45am **Fitness dance** Cassie Drake cassiedrake1@hotmail.com 07956 351275

2.00pm–2.45pm; 4.30pm–
7.45pm **Ballet.** Anna Hartley admin@arschoolofdance.com 07740 769742

Thursdays

10.00am – 12.00pm **Art Club.** Lorna Edwards lornaed@hotmail.com 07971 077415

4.45pm – 8.15 pm **Karate.** Elizabeth Arvanitidou earvan120@gmail.com 07495 608475

Fridays

8.30am–1.00pm **Cardio rehab** with Jon Regester info@jonregister.co.uk 07941 303956

Hacheston



All Saints Church, Hacheston—Flower Rota

May 7th, 14th, 21st, 28th—Angela Hurlock



Save the Date

**Our next main event will be the
Annual Parish Meetings on Friday 12th May.**

We will be hearing from groups in the village and recapping on the past year. We will be providing refreshments and hope to make this a social occasion. We would encourage residents to come and chat with the newly elected Councillors, and find out our plans for 2023 and beyond. We would love it if more residents took an active interest in the Parish Council; we are here to help you and work for the good of the village as a whole.

Marlesford



A Platinum Anniversary

On April 5th Lord and Lady Marlesford went to the celebration of the 70th Wedding Anniversary of Paul (93) and Glenor (91) Brook. They had lived in Marlesford at 1 Hall Farm Cottages for 26 years. They are now established in a really nice flat in a retirement home in Ipswich. There were about 20 people at the reception, including the Mayor of Ipswich (in his robes). They had received a card of congratulations from the King & Queen. They seemed very happy and, although fragile, remarkably well. Paul always kept their garden looking immaculate and he had a wonderful display of roses in the summer. We send them our congratulations.

The Welcome Arms

Pop-Up Pub at Marlesford Community Centre

Friday 5th May 2023

6.00pm – 10.00pm

**For more details, or if you would like to help, please contact
Richard Cooper tel. 01728 747529**

e mail. richardccooper@hotmail.co.uk

Bring your friends and family!

CORONATION WEEKEND

Please note that there will be no Service at St.Andrew's on Sunday 7th May, following the King's Coronation on 6th May. Instead, a **Family Service of Thanksgiving**, joining together the parishes of Marlesford, Parham and Hacheston will be held at 11.00am at Parham.

Everyone will be very welcome. Carol.





NATURE COUNT

Our Churchyard is a valuable area for the conservation of wildflowers, insects and bird life. **On Saturday 3rd June, starting at 10.30am**, we plan to carry out a count of as many species as can be identified.

We would love as many as possible, both young and old, to take part in this count, you don't need to be an expert, guidance will be given on the day. There are lots of resources to be found on <https://www.caringforgodsacre.org.uk> where you can view more information about the count, or just scan the QR code below



A ploughman's lunch will be available for all those taking part in the count – please let us know by Saturday 27th May if you will be helping with the count and if you are staying for lunch.

Please contact:

Richard Cooper – 07802 173182 or richardccooper@hotmail.co.uk

Carol Cooke – 07484809792 or cooke299@btinternet.com

We hope you will be able to join us on June 3rd.

Carol and Richard



Marlesford



The Marlesford Pub Quiz

Friday 16 June 2023

Doors open at 6:30pm for a 7:00pm start

Tables of six

£5 per person (primary school-aged children go free)

Includes a cheese ploughman's supper

Licensed bar

50/50 Raffle

All proceeds to Marlesford Community Centre

To reserve a table, please contact Di Howard

castlehowards@gmail.com

Tel: 07513 476211



Community Cafe
Marlesford Community Centre
Thursday mornings 10-12

Campsea Ashe



STATION HOUSE
CAMPSEA ASHE



Pipes and Bells for the King

Saturday 6th May



A Day to Remember

Celebrate with us at the Station House
anytime from 9.30am – 4pm

Solo piper 9.30-11.00am

Performing a medley of traditional and popular tunes from the past to the present on bagpipes outside the Station House and through the village. We invite you to come and enjoy the performance or throw open your windows to let the music in!

Coronation Service live on our large screens 11.00am

Campsea Ashe Church tower 'Ringing for the King' on our main screen in the afternoon

Enjoy a film of our bell ringers 'Ringing for the King' from the Church of St John the Baptist and discover more about the bells and bell ringing.

Refreshments and coronation cupcakes plus our usual fare throughout the day at the café.

Parking

By kind permission, please park in field just over the bridge from the Station House. Blue badge parking bays at the Station House.

Station House, Station Road, Campsea Ashe IP13 0PT, info@stationhousecampseaashe.co.uk 07856 810626

Dan Poulter

A debate in Parliament in March, praised the Norfolk and Suffolk NHS Foundation Trust. Thanks to vastly improved leadership at the Trust, their CQC rating has risen from 'inadequate' to 'requires improvement'.

There's been significant change at Board level, which I believe has been vital in driving improvements in the quality of patient care. It is encouraging that the CQC recognised the strengthened leadership and care standards during a thorough examination of two core services: child and adolescent mental health wards and community-based mental health wards. On individual services, 60% of those inspected are now rated 'good', meaning that patients in Suffolk can expect much better quality and safety of care.

Historically there have been concerns around the number of hospital admissions but now that work has been undertaken to move towards community settings, people can be better cared for locally. The Trust is fostering better connections with other healthcare providers, ensuring better data monitoring. It's reassuring that a new Ward Visit Quality Assurance team is continually driving up standards. Efforts to develop training have also paid off, meaning that staff now feel valued and have more confidence in the care they can deliver and with new recruitment and retention schemes, the Trust is a more attractive place to work and stay.

Given the challenges faced previously by the Trust, I can understand why there were calls for the organisation to be broken up, but the Minister's commitment says this will not now take place. This is testament to the progress that has been made by a very effective new board and leadership team.

The Minister has confirmed the NHS England will continue to provide the existing level of support to the Trust and a further commitment that capital funding will remain available for mental health services.

I have confidence that teams within the Trust remain committed on their path to deliver outstanding patient care and welcome the ongoing commitment to deliver high-quality services for Suffolk .

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farm cafe+shop

marlesford

'a roadside caff
that takes its food
very seriously'
jay rayner,
the observer

**Made by Us -
From the freezer**



Stock-up on our freshly
cooked ready-meals
and pies.

Fabulous vegetarian & vegan
options always available



**eat
fresh,
eat
local**



You can now tuck into
our full menu of locally
sourced, freshly cooked food
everyday until 4pm.

**Breakfast,
Brunch,
Lunch and
Afternoon
Tea**

Check out our
shop - you may
be surprised.



www.farmcafe.co.uk

local and free range produce since 2001

Instagram: [farmcafe_shop](https://www.instagram.com/farmcafe_shop)

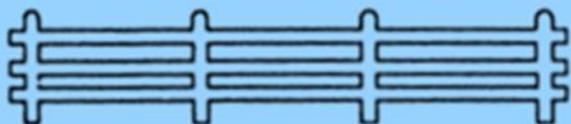
Main Road (A12), Marlesford, Woodbridge IP13 0AG Tel. 01728 747 717

Country Care

Fencing

Tree Work

Firewood



Telephone 01728 747474