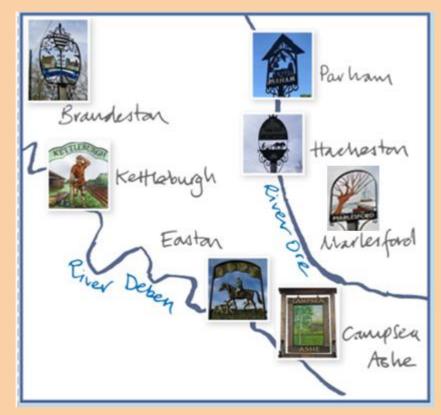
A SLICE OF SUFFOLK



A magazine for the Orebeck Benefice in the Deben and Ore valleys:
Sharing news of local people and community events.
AUGUST 2023 - Number 13
60p a copy

Who's Who						
PRIEST-IN-CHARGE	Reverend Ann Kember					
LAY READERS:	Martin Crane	07824835493				
ELDERS:	Mary Baker	01728 685807				
	Jackie Clark	01728 723623				
	Jane Woodbury-Eggins	01728 746667				
	John Bradfield	01728 724481				
	Carol Cooke	01728 747625				
	Jane Slade	01728 723707				
CHURCHWARDENS:						
Brandeston (All Saints)	Mary Baker	01728 685807				
	Chris McArthur	01473 737553				
Kettleburgh (St. Andrews)	John Bater	01728 723532				
	Persephone Booth					
Easton (All Saints)	Jane Woodbury-Eggins	01728 746667				
Parham (St Marys)	John Bradfield	01728 724481				
	John Adams	07789 746910				
Marlesford (St Andrews)	Lord Marlesford					
	Nan Waterfall	01728 747038				
Campsea Ashe (St John the Ba	ptist)					
	Glenys Fear	01728 747177				
ORGANIST:	Graeme Hall	01728 746371				
Hacheston (All Saints)						
PCC SECRETARY/TREASURER:						
Hacheston	Michael Dawe	01473 620353				
TOWER CAPTAINS: CA	Glenys Fear	01728 747177				
P	Jos Slade	01728 723707				
В	Chris McArthur	01473 737553				
SAFEGUARDING OFFICER:	Lesley Bensley	07901882464				
	lesleybensley@gmail.com					

A word from the Reverend Ann

See, I am doing a new thing!

Now it springs up; do you not perceive it?

I am making a way in the wilderness

and streams in the wasteland. (Isaiah 43)

This passage from Isaiah one of my favourite passages from the Old Testament, and it is particularly pertinent to me as I begin my ministry with you all in Orebeck.

God is the God of possibilities, and he longs for our hearts to be opened to him. So, as I begin working with you all, let us keep our hearts and minds open as we explore where God may be leading us.

I will, of course, listen to what you are telling me, your hopes and aspirations for this benefice, finding what is already working and being thankful for it, but God may be doing new work in us too. We must be prepared to accept other points of view and not insist that our way is the only way, and we must always look for Christ in 'the other'.

Being stuck in our ways, doing things because we've always done them or hiding behind habit and custom is not necessarily a bad thing, tradition can bring comfort and solace to us and it can be beautiful and uplifting, but alongside this we need to find out if God is calling us to new things. Age should not be a barrier to discovering new and surprising things about ourselves and about God.

Whatever state of mind we are in, we must keep praying, studying scripture, listening to one another and searching for where God is at work and always keep an open mind.

Most of all, we must trust in God and trust that he can always make things new. We can have this trust because of the work he did in Jesus Christ. God raised Christ from the dead so that now there is always the possibility of new beginnings, always the possibility of new birth and hearts made new in any situation.

I know that I will be trusting in God in this new beginning, this new adventure that he is sending us on together. I hope you too will always trust in God and that you will allow him to work new beginnings in you. He might just surprise you!

Rev'd Ann

Church Services for August 2023

6th	Trinity 9	10am	Benefice Holy Communion	Parham
13 th	Trinity 10	9.30am	Holiday Club Service	Brandeston
			Morning Worship	Campsea Ashe
		11am	Holy Communion	Easton
			Morning Prayer	Parham
		6.30pm	Evening Prayer	Marlesford
20th	Trinity 11	9.30am	Holy Communion	Marlesford
		11am	Holy Communion	Kettleburgh
		6pm	Evening Prayer	Parham
27 th	Trinity 12	9.30	Morning Worship	Brandeston
			Holy Communion	Campsea Ashe
		11.00	Morning Prayer	Easton
			Holy Communion	Hacheston
		6.30pm	Evening Prayer	Kettleburgh

On September 3rd the Benefice Holy Communion will be at Brandeston.





Historic Churches trust

Bike ride Saturday 9th September

If you would like to take part in the bike ride please help yourself to a sponsor form from the church (or ring me and I will drop one in), or you can organise fundraising via **just giving** which I think is probably easier.

If you would like to join us on a tour of some local churches you are very welcome and we can go as a group, we will meet at 9 am at Parham church

Hope to see you there!

Linda Gray 01728 724537 / 07539494360

lc.gray@hotmail.co.uk

EDITOR'S MESSAGE

Dear Readers,

I am pleased to tell you that 'A Slice of Suffolk' Benefice magazine may have a new editor as from September 2023. His name is John Adams and he is the new church warden for Parham. He is going to see if he can do the job and I will be helping him until he is up and running.

To send an article or advert for the September magazine, please send it to the same email address: infoforSOS@gmail.com by 19th August 2023. Thank you.

Jan Baldwin



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11 to 4
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Calling all young people

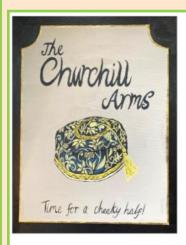
Primary age children are invited to join us at this year's Holiday Club at Brandeston Village Hall August 7th / 8th / 9th 9.30am - 1.30pm

For further information, please contact:

Mary Baker - marybaker555@hotmail.co.uk

Jackie Clark - jwc51@btinternet.com





The Churchill Arms Brandeston's Pop Up Pub

The Churchill will next open its doors at 6:00 pm on Friday, 18 August where you can meet friends, neighbours and other village residents and chat over a drink and a snack

Depending on the weather, we will run a BBQ during the summer months with burgers and hot dogs along with vegetarian options. In recent months, we've also had a slow-cooked meat option which we serve in rolls with accompaniments.

Drinks on offer in the pop-up include a choice of at least two draft beers, various bottled beers, lagers, red, white and rosé wines, prosecco, gin, and soft drinks.

These are the planned opening dates for the next six months:

- 15 September
- · 16 September Brandeston Fete
- 20 October
- 17 November
- 22 December

The Churchill Arms welcomes children and is a Brandeston Village Hall supported event. No dogs are allowed in the village hall.

Helen Fletcher Pat and Darryl Morgan



BRANDSTON FILM CLUB

On 19th August, Brandeston Film Club will be enjoying the company of Miles Biggs, a filmmaker from Aldeburgh and showing Britten's Aldeburgh and some other delightful short films set to music from Dvorak and Brahms. We are hoping this will be a very special evening, and there will be a cheese and wine buffet during the showing. All profits will go to St Elizabeth's Hospice. Tickets will be a minimum suggested donation of £8.00 for this performance can be pre-ordered. Just email Roz McKenzie on rm305ster@gmail.com or phone her on the number below.

Doors open at 6.00 p.m. for a 6.30 showing of the film at Brandeston Village Hall.

Best wishes Christopher McArthur 07887 825008, Roz McKenzie 07910979781, Steve Western and Michael Cousens

Brandeston All Saints Church Cleaning Rota

Maida Campbell 6th August

Liz Cobbold

Julia Elson 20th August

Kelly Jeffery

Lydia Freeman 3rd September

Helen Fletcher 17th September

Karren Piper



BRANDESTON VILLAGE FETE



SATURDAY 16th SEPTEMBER 2023

2 - 5pm

BRANDESTON VILLAGE HALL

Teas-BBQ-Brocante-Boutique-Plants-Pickles&Jam-Games
Daft Dog Show-Grand Draw-Books-Pop Up Pub
& many more stalls.



All profits are shared between Brandeston Village Hall and Brandeston All Saints Church.

Kettleburgh



KGT June's Draw:

1st Prize- Rowena Edmondson 2nd Prize -Persephone Booth

KGT July's Draw:

1st Prize- W P Berry

2nd Prize -Susan & Trevor Jessop

St Andrews Church, Kettleburgh

	Cleaning	Flowers
August	Fay Clarke	Fay Clarke
September	Julie and Jim Duckham	Julie Duckham

Kettleburgh Diamond Wedding.

Pat and Ted were married in St Michael's Church, Framlingham and their wedding reception was held at Foresters Hall, Framlingham. They had a big party in Kettleburgh Village Hall on the 30th of June to celebrate the diamond wedding. Their actual anniversary was on the 6th of July and they received a card from the King and Queen Consort.







Kettleburgh



Kettleburgh Annual Flower and Produce Show



Kettleburgh Village Hall Saturday 2nd September 2.30 pm

Teas, raffle, auction of produce

Schedules available from

C Norman, 2 Redroofs, The Street, Kettleburgh 01728 724372

T Wingfield, 37-38 The Street, Brandeston

or Kettleburgh Village Website

Kettleburgh



Kettleburgh Village Show Saturday 2nd September 2023

After a break of three years we are delighted to be able to hold our show again. The schedule has been set and is available from myself, Pat Peck, Tracy Wingfield or to download from the Kettleburgh website. Below is a list of those non-gardening classes or cooking classes where advance notice is helpful. Please encourage your friends and neighbours, children, grandchildren or anyone else you know to have a go. You may enter wherever you live; the show is not just for Kettleburgh residents. Exhibits are staged on Friday evening or Saturday morning and following the judging the show opens at 2.30 in the afternoon for viewing and refreshments. A raffle, auction of produce and prize giving follow,

Classes for Children

- 1. Picture of a basket of fruit and veg to colour (picture available with schedule).
- 2.A fruit/vegetable creature.
- 3."I grew it myself" a plate of fruit/veg or vase of flowers grown by the entrant (with perhaps just a little bit of help).
- 4."I made it from a paper plate" what can you make? A mask, model, collage etc.

The Photographs (no larger than A4 size)

- 1.My favourite tree.
- 2.Keeping cool.
- 3. The veg patch.
- 4.Sky.

Craft Classes-

- 1.A hand knitted or crocheted item.
- 2.A hand-made toy (any method of construction) max size 2ft x 2ft.
- 3.A hand-made card.

This is a fun show and new entrants are most welcome.

If you need help or advice please ask.

Claire Norman - <u>auntclaire@btinternet.com</u> 01728 724372

2 Redroofs, The Street, Kettleburgh



Easton



All Saints' Church, Easton

Licensing of Revd. Ann Kember

We are very much looking forward to Ann's licensing by the Bishop at Brandeston church on 26^{th} July at 7.30 pm followed by refreshments in Brandeston Village Hall. This is a very special occasion and all are welcome to come and support the start of her ministry in this benefice.

Services

At Easton the pattern of services for August is reversed, so there will be a service of Holy Communion on Sunday 13th August and a service of Morning Prayer on 27th August both at 11.00am.

Ride and Stride

We are looking for people to help sign in the riders and walkers at our church. There is a wedding that afternoon so special arrangements are being made!



Sunday Cafe

There is no Sunday Café in August.

Discussion Group / Service on Zoom

The Discussion Group doesn't meet in August but will start again in September. There is no Zoom service this month either.

Parham



Parham Village Hall

If you'd like to book our main hall, meeting room or games room, please contact Ellie on parhamhallbookings@gmail.com or 07794069233 for more information.



WHAT'S ON

Mondays

Framlingham Spinners & Weavers

10:00-12:00 Contact: Joy Porter ikporterowl@gmail.com

Tuesdays

Powerhoop

10:00 - 11:00Contact: Eleanor Sharratt -07976299297 or

eliewri24@hotmail.co.uk

Table Tennis

19:30 - 21:30 (every other Tuesday) Contact: Terry Mee terrymee@suffolkonline.net

UPCOMING EVENTS

Parham Village Hall

Friday 4th August 2023 From 7:00pm



Enjoy a night with the neighbours

. VICTORIA BITTER ADNAMS PROSECCO other alcoholic and non-alcoholic beverages available

The committee hopes to continue to open the bar on the first Friday of each month.



We are currently looking for a Bookings Clerk to support the Village Hall.

Duties include:

- responding to enquiries
 - . liaising with hirers

 - managing the diary
 Self-employed basis

For more information and a full job description please email: parhamhallbookings@gmail.com

Parham





Thank you everyone who visited the gardens in June and enjoyed the tea and cake. The weather was perfect, and the sum raised for the Red Cross was £1,200. Thank you to the helpers too. Sue Paul

Hacheston



Hacheston Village Hall is open for hiring.

The Petanque Courts at the Village Hall have been upgraded to improve their accessibility. All residents are welcome to use the Courts, but please make sure you close the gates afterwards to prevent the rabbits getting in.

Booking Clerk

Meryem Siemmond <u>hachestonvillagehall@yahoo.com</u> 07772 354492

Regular classes:

Monday

- 9.30-11.30 **Toddler Group** Sandra Poacher <u>sandrapoacher@hotmail.co.uk</u>
- 6.00 -7.30 Yoga Jo Ogden-King jokingy@hotmail.com 07855 755982
- 7.45-8.45 Guitar class Ivan Emeny ivan.emeny@gmail.com 07963329571 **Tuesdays**
 - 8.30am 3.30pmNHS Cardio Rehab
- 4.45pm –8.15pm **Ballet.** Anna Hartley <u>admin@arschoolofdance.com</u> 07740 769742

Wednesdays

- 9.45am-10.45am **Fitness dance** Cassie Drake <u>cassiedrake1@hotmail.com</u> 07956 351275
 - 2.00pm-2.45pm; 4.30pm-
- 7.45pm Ballet. Anna Hartley admin@arschoolofdance.com 07740 769742

Thursdays

- 10.00am 12.00pm **Art Club.** Lorna Edwards lornaed@hotmail.com 07971 077415
- 4.45pm 8.15 pm **Karate.** Elizabeth Arvanitidou <u>earvan120@gmail.com</u> 07495 608475

Fridays

8.30am–1.00pm **Cardio rehab** with Jon Regester <u>info@jonregester.co.uk</u> 07941 303956

Marlesford





Marlesford



MARLESFORD BAKERS



Our ovens have had a lovely rest over the summer, but are keen to get going again. We shall be sending out our list of goodies at the start of September to supply you with a range of tempting cakes available on the 2nd Saturday in the month. As before we will be operating on an order and collect basis.

Nan and Carol

St Andrews Marlesford Churchyard Count on Nature



On a glorious Saturday morning at the beginning of June, St Andrews churchyard couldn't have looked more peaceful or more beautiful. Eighteen of us turned out to celebrate the special flora of the churchyard by carrying out

a Nature Count. The idea came from Caring for God's Acre, a national charity dedicated to looking after churchyards and other burial grounds, the aim being to record as much as possible about the flowers and wildlife in our sacred spaces around the Country.

Introducing the count, Richard Cooper explained that churchyards have been allowed to develop distinct floras as they are largely undisturbed apart from burials (in the case of Marlesford, the history probably goes back more than 1,000 years) and are generally left unfertilised – an important factor in encouraging a diverse range of wildflowers.

Marlesford



St Andrews Marlesford Churchyard Count on Nature continued ...

We were extremely lucky to be guided on our count by Susan Stone from Suffolk Wildlife Trust – without her, we would have struggled to identify some of the plants we found!

Commenting on the special nature of Marlesford's churchyard, Susan said that "Marlesford churchyard is a good example of a wildflower-rich grassland and the number of species found is testament to the careful conservation management that the parish undertakes."

Overall we counted 56 species of wildflowers, 13 species of grasses, 13 different types of trees and 19 birds recorded in a 15 minute spell.

The reward was a fantastic ploughman's lunch produced by Carol Cooke and enjoyed with a glass of beer in the sunshine.

The churchyard has a truly diverse fauna and flora, but you don't have to be an expert to enjoy it – when you next have time, do take a stroll over the cut paths to the north of the church and see what you can find. You will probably surprise yourself when you see how much life there is in a small patch of ground.

Richard Cooper

richard ccooper@hotmail.co.uk

If you would like to see the list of species we found, please go to the village website: www.Marlesford.suffolk.cloud and go the church page and look under churchyard.

Campsea Ashe



Campsea Ashe Village Hall AGM Monday 4th September 2023 7pm

New committee members and a treasurer needed to help take the hall, its car park and play area through its next refurbishment plans. It's a great asset for the village but it was built in 1947 and needs some improvements. Joining the committee is not as onerous as you might think, we are a good team and only meet up every couple of months. Come along to the AGM to find out more.

Kate Hayward (haywardkate25@gmail.com)

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Tina on **077724 210862**

Campsea Ashe



FitVillages

Yoga, chair- based exercise, dance, keep fit or something different? What would you like to do?

FitVillages is consulting people in Campsea Ashe to see what sort of activities they'd like to do. The deadline is 11 August and there are paper copies of the survey in the village shop and station cafe. You can also fill the survey in online https://www.activesuffolk.org/forms/view/campseaashe1

More info Tyler Beales 07748181434. tyler.beales@eastsuffolk.gov.uk



Katch Bus is Back!!

We all know the challenges facing those who want to use public transport in East Suffolk and the lack of available scheduled services can be a real problem, particularly for young people and older members of our rural communities. But help is at hand! East Suffolk Council recognised the need to continue Katch, the "on demand" transport service, originally launched in 2021 and the route is now up and running again with stops along the way between Framlingham and Snape via Wickham Market and Campsea Ashe (for Wickham Market station). The service runs from 7.30am to 6.30pm Monday to Friday, from 10am to 6.30pm on Saturdays, and from 10am to 6pm on bank holidays. Regular users will be able to benefit from a loyalty card, while young people will get a 25% discount by presenting an Endeavour Card (free from Suffolk County Council for 16 to 19-year-olds).



The Katch bus on the day of the booking app launch.

To book a seat on Katch, you can either visit www.katchalift.com or download the Flexiroute Passenger App (details on the "How it Works" page of the website) and this provides an easy way to book outside office hours. Managed by Coastal Accessible Transport Ser-

vice (CATS), there is a friendly voice on the end of the phone at CATS from Monday Friday 08.30-4.4.30pm, just dial $01728\ 635\ 939$ if you prefer to book that way. Whichever way you book, all that is needed is to indicate the time of your journey, where you want to be picked up and where you are going.... and Katch will do the rest! And remember, you can book a journey on the day you want to travel, or up to two weeks' ahead of your travel time.

Lynn Butler, manager at CATS is enthusiastic about the revitalised service and pointed out that by using the Connecting Communities transport services and linking with Katch, a wider range of destinations can be accessed. "The Katch service is quick, reliable and affordable" she said and added "we have some wonderful friendly drivers who are always willing to help their passengers.

"East Suffolk Council has committed to fund the service for a year, but it needs passenger numbers to make it viable over the longer term. People have been looking for an opportunity to revive Katch in East Suffolk – now it's here, please support it. Help maintain the service by booking a ride on Katch!

Richard Cooper, Chair of Transport Task and Finish Group,

Framlingham, Wickham Market and Surrounding Villages Community Partnership



I write these words as the month of July opens and I am able to look forward to Parliament's Summer Recess period. Once Summer gets underway, I very much enjoy spending much more time back home in Suffolk and discover afresh all that's great about Central Suffolk and North Ipswich. From the swathes of farmland and open skies to the local produce markets and the vibrant businesses in North Ipswich. Summer recess gives me the opportunity to spend all my time at home here in the constituency, something which I particularly value and relish.

The school holidays are also approaching for parents everywhere, this brings to mind the planning of holidays and activities. I am sure that with the arrival of the school summer holiday period comes a frantic last-minute attempt to draw up plans for childcare and days out, no mean feat when many households may have both parents working and therefore have to share the responsibility of covering childcare. Thank goodness for the goodwill of grandparents or other family members and friends.

We are fortunate here in Suffolk as we benefit from a wide array of free and low-cost activities. Suffolk has a splendid blend of coastline, encompassing the natural beauty of Thorpeness and Dunwich as well as busy piers at Southwold and Felixstowe. Suffolk also boasts some beautiful river walks, something I was recently reminded of when I opened a brand-new footbridge for the River Gipping Trust. There are lots of village fetes, special practical activities at our libraries, nature reserves and museums and park activities for all.

The People and Nature survey carried out by Natural England demonstrated the positive role of nature in supporting children's well-being, with eight in ten of children interviewed agreeing that being in nature made them very happy. Children who reported spending more time outside (and more time noticing nature and wildlife) were more likely to report that, 'being in nature makes me very happy' compared to those who had spent less time. We are incredibly spoilt here in Suffolk with a beautiful natural environment, all of it right here on our doorstep and just waiting to be discovered. Local parks and private gardens are important ways of accessing green and natural spaces and there are always ways to find something to appeal to all. There are things which bring to mind the simple pleasures of growing up and letting your imagination run wild, building dens, getting the paddling pool out, having picnics outdoors or creating homes for nature, all of which can be done from the back garden.

Activities such as these not only encourage great team-building and social skills which are vital things to develop as children grow, but they have the added benefit of creating wonderful new childhood memories.

A Gentle Reminder

The maximum number of words for articles is **400**, and the editorial team reserves the right to abridge longer articles in order to fit the size of the magazine.

Please Note: The opinions expressed by authors of articles in 'A Slice of Suffolk' are entirely those of the authors and do not necessarily reflect those of the editorial team. 'Thank you.

Advertising

To advertise in 'A Slice of Suffolk' please contact

Nan Waterfall. email: inforforSOS@gmail.com

Or Tel: 01728 747038

Size	One month	Three months	Six months	One year
Eighth page	£4	£11	£20	£35
Quarter page	£8	£22	£40	£70
Half page	£16	£40	£75	£140

The Deadline date for September 2023 magazine 19th August 2023.

Please send all articles and adverts to: infoforSOS@gmail.com Thank you.

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