BRANDESTON AND KETTLEBURGH PARISH NEWS SEPTEMBER 2016

PARISHES OF BRANDESTON AND KETTLEBURGH

Dear Friends

September is still a favourite holiday month for many, and so it is also a good time to get life back into balance again, while the sun still shines occasionally and the evenings are not too short, finding some time to sit and think, to 'let go' any bad feelings from the past as well as any worries we may have about what the future holds.

That's why I want to write about the importance of 'living in the present' - to try and stress the importance of living each day as it comes, and of seeing and appreciating TODAY as we experience it. To do this is to give each day its true value. And this seems to me to be particularly important this year as we share in and suffer, through the media, the many violent atrocities that are occurring in countries worldwide. And when as a nation, we've put a lot of soul searching into looking at our future membership of the EU. And in this matter regardless of our individual decisions to stay or leave, the people have spoken and we must now trust our government to negotiate the best deal it can for the UK, and while it does what it is elected for we must simply to live each moment as it comes and each day as it happens, and pray for peace in our damaged troubled world.

To live in this way helps us value each other for what we are to each other, and value each day for what we can do in it. It gives us the stability to meet success and achievement with simplicity, and the strength to live through the trials and disappointments of life as we meet them. To live in this way enables us to cherish each day for the gift of life that it contains, and hold on to a sense of purpose in our lives. All of us need this, whether "Faith" or Religion does or does not have a place in our lives. So wherever this September takes you, I hope each day will bring you at least a little relaxation, time to think, give you a sense of renewal and some peace.

With love in Christ	Deirdre

Priest in Charge: The Revd Deirdre West 01728 688340

Brandeston

Elders: Miss Eileen Leach 685298

Mrs Mary Baker 685807

Churchwardens: Mrs Alison Molyneux 685244

Mrs Mary Baker 685807

Kettleburgh

Elders: Mrs Jackie Clark 723623

Churchwardens: Mr John Bater 723532

DIARY FOR SEPTEMBER 2016 (for further details of each event see below diary) Thursday 1st 10.00am Brandeston Coffee Morning, 100+ Club Draw at Village Hall Friday 2nd 10.30am- 12 Coffee Morning at Kettleburgh Village Hall Saturday 3rd 10.30 entries Kettleburgh Flower and Produce Show at the 2.30 show Village Hall – see below Art Show All Saint's Church, Great Glemham Saturday 3rd & 10am - 5pmSunday 4th Local Artists displaying a wide selection of different Art styles; Drawing, Oils, Watercolour, Acrylics Mixed Media, Woodwork, Flamework Glass, Ceramics, Jewelry, Stained Glass, Handmade Gifts Free Admission. Refreshments (in aid of church funds) Brandeston Film Club - "Lady in the Van" Friday 9th 7.30pm 9am – 5pm Saturday 10th The Church Bike Ride – see below Friday 16th Quiet Day at Bury St Edmunds – see below 10am Saturday 24th 2.30pm Plant Heritage Suffolk Talk at Stowupland Village Hall Sunday 25th 10am & 3pm Brandeston Harvest Thanksgiving and Sunday Serenade – see below

Our show this year will be held in the village hall at 2.30 pm on September 3rd. Entry forms to be in by **Wednesday 31st August** and entries to be staged by 10.30 am on the Saturday. Open to everyone, not just Kettleburgh residents, and not just expert cooks and gardeners; the show has classes for vegetables, flowers, fruit, wine, cookery, photography, a special section for children's work (although they are encouraged to enter any classes) and a novelty section where you can enter your most spectacular garden failure. If you've never entered before, have a go, you might surprise yourself. If you've got beautiful beans, fantastic fuchsias or make sumptuous scones this is the place to impress your friends and neighbours. Why not enter the Kettleburgh Vase or Tray classes this year? There will be refreshments, a raffle and a chance to chat. Surplus and donated produce is sold at 4.30 pm.

The two photography classes this year are "The Coast" and "Village Life". This year we are having an additional novelty photo class entitled "Not the best photo I've ever taken!" The children's classes are a Royal Crown (any materials) and an Animal Made from Fruit and/or Vegetables.

If you'd like advice on how to stage something we're all willing to help. Schedules will be delivered but more are available from Claire, Jackie Clark or Tracy Wingfield or can be downloaded from the Kettleburgh website. Any offers of help beforehand or on the day to Claire, Jackie or Tracy please.

Claire Norman 01728 724372 auntclaire@btinternet.com

BRANDESTON FILM CLUB 2nd Friday of each month starting at 7.30pm at the village hall. Membership is £10 for the year

		A man forms an unexpected bond with a transient
September	Lady in the	woman living in her car that's parked in his driveway
9 th	Van	Director: Nicholas Hytner
		Stars: Maggie Smith, Alex Jennings, Dominic Cooper
October 14 th	Macbeth	Macbeth, the Thane of Glamis, receives a prophecy from
		a trio of witches that one day he will become King of
		Scotland. Consumed by ambition and spurred to action
		by his wife, Macbeth murders his king and takes the
		throne for himself.
		Director: Justin Kurzel
		Writers: Jacob Koskoff (screenplay), Michael Lesslie
		(screenplay), Todd Louiso (screenplay), William
		Shakespeare (play)
		Stars: Michael Fassbender, Marion Cotillard, Jack
		Madigan

THE CHURCH BIKE RIDE

Saturday 10th September is the Church Bike Ride. From 9am to 5pm. Get on your bike and raise money for our wonderful Churches, Brandeston and Kettleburgh.

Sponsor forms and lists of churches open available from Ruth Garratt – Brandeston 685233 Pat Peck – Kettleburgh 621144

"Lord Teach Us To Pray". Following the successful Lent Course, a Quiet Day on the same theme has been arranged on Friday 16th September from 10am until about 4pm. The venue will be the Cathedral Library on Angel Hill Bury St Edmunds. The day is open to anyone from our seven parishes, but numbers are limited so it is advised to book places early. There will be a charge of £5 per head to cover expenses. Bookings will be taken on a first-come, first-served basis. It is hoped to arrange car-shares, so please contact Carol Cooke ('phone 747625, e-mail cooke299@btinternet.com) to book a place, letting her know if you can drive and are happy to take passengers or if you want a lift. There will be more details next month.

Deirdre

Plant Heritage Suffolk Group Warmly invites you to a talk

'Attracting beneficial wildlife to your garden'
by
Marina Christopher
Saturday 24th September 2016 at 2.30pm
Stowupland Village Hall IP14 4BQ

Plant stall including rare and unusual plants
Delicious refreshments available for purchase
Admission: Free to members
£5 entrance fee for non-members
New members and non-members are most welcome
www.suffolkplantheritage.com
NCCPG Reg. Charity 1004009

Brandeston Church Events



On Sunday 25th September Harvest Thanksgiving

A service of celebration for everyone at All Saints' Church,

at 10 a.m.

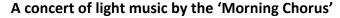
Please come and join us with your friends and families in the church.

Gifts of fruit and vegetables or packets and tins will be very much appreciated. They will be sent to Mills Meadow Care Home and FIND Food Bank in Ipswich

Sunday Serenade

Sunday 25th September





Directed and accompanied by Janet Weston with guest soloists:

Christopher Parfitt (Baritone)

Sally Webb (Clarinet)

Tickets £10 to include light refreshments

Please contact 685792 or 685807 for your tickets

All proceeds go to the upkeep of Brandeston's Grade 1 listed building All Saints' Church



ADVANCE NOTICES

Sunday 9th October	5.30pm and	Kettleburgh Harvest Festival and Supper	
	6.45pm	Church service followed by supper in the village	
	_	hall – see below	
Saturday 22 nd	7.30pm	The Broadside Boys at Kettleburgh Village	
October		Hall – see below	
Thursday 27 th	7.30pm	Wickham Market Flower Club – see below	
October			
Sunday 30 th October	8am – 1pm	Autojumble at Church Farm, Kettleburgh	
_	_		

Brandeston Village Events for the 2nd half of 2016

Month	Date	Event	Organised by
Sept.	4 th	Safari Supper	Church
	25 th	Concert	Church (venue: village hall)
October	2nd	Apple Festival	Village Hall
	15 th	Harvest Horkey	Village Hall
	29 th	Animal Rescue Fair	Animal Rescue
	29 th	Quiz Night	Village Hall
Nov.	12 th	Disco	Village Hall
Dec.	3 rd	Christmas Fair	Church
	10 th	Christmas Wine Tasting	Wine Society
	12th	Christmas Concert	Village Hall
	17th	Candlelit Evening	Friends of the old chapel

KETTLEBURGH HARVEST FESTIVAL AND SUPPER

We hope that many of you will join in our harvest celebrations this year on Sunday 9th October. The Harvest Festival in church begins at 5:30pm. We will sing all the favourite harvest hymns, thank God for His goodness to us and bring along representative harvest gifts. We welcome donations of non-perishable goods which will be donated to a food bank.

Following the service in church we will continue our celebrations with an informal Harvest Supper in the Village Hall at 6:45pm to which, again everyone is invited. Soup, jacket potatoes and salad, and apple pie will be on the menu. No need to book, but please bring your own drinks.

IC

THE BROADSIDE BOYS

The local band The Broadside Boys is coming to Kettleburgh. They will be playing at the Village Hall on Saturday 22 October. Tickets £7.50 from Jackie Clark – 723623 or jwc51@btinternet.com. Doors open at 7:30pm. There will be a licensed bar. *JC*

WICKHAM MARKET FLOWER CLUB

Our October meeting is at the Village Hall on Thursday 27th October starting at 7.30pm.. Our Demonstrator for the evening is Julie Wood and her demonstration is entitled "Tantalising Cocktail". Our Chairman June will open the meeting with details of recent events past and in the future and then introduce us to Julie. The evening will be spent watching Julie produce some six or seven arrangements whilst talking on her subject as well as offering tips and advice as she goes along. The first meeting is FREE. We are a warm friendly club and assure you of a lovely evening watching beautiful floral arrangements made.

PAST EVENTS

WICKHAM Market Flower Club - July 2016 Meeting Report

The drizzle and humidity of the evening did nothing to dampen the good spirits of our flower club. Members, guests and friends all arrived in good time for a chat and shop and to purchase raffle tickets before June opened the meeting. She welcomed Eileen as a new member and advised her to chat to "Anyone" as we were all a friendly bunch. Lots of notices on the board as this is our last meeting before our summer break. Our next meeting is on 22nd September and is our AGM. Sally Goodacre will be giving us a short demonstration of Needlecraft before we start the business side of the meeting. Members were asked to bring along a plate of food. June mentioned she would be bringing her customary plate of Twiglets, despite not being partial to Marmite. And that is how the evening progressed. Laughter and giggles all the way. The practice piece was won by Linda Fosker whose "Flotsam and Jetsam" design was quite stunning. The Single stem was won by Walter with an attractive coloured Dahlia. Walter had also entered the Practice piece with an arrangement that included squashed drinks cans, plastic bags and cigarette butts. Unfortunately a very sad but true depiction of our shorelines We were then introduced to Brenda Tubb our demonstrator for the evening. Brenda promptly burst into laughter and said it was like coming home, coming to our club. She began by explaining her reasoning for the title of her demonstration, "Technicolour Dream Coat". When her daughter was young she liked to watch the TV programme "Neighbours" starring Jason Donavon. She followed his career to the Theatre where he starred in "Joseph". Her teenage passion for him has never left her and she declared her love for him quite loudly from her car at age 36. More giggles followed. Each arrangement was a different style, design, colour and evoked a different funny tale, normally involving "Him

indoors" (the strange Meringa Tea drinking husband) or her "hissing car" When in doubt, turn up the radio. You will be unable to hear any weird noises then.

Brenda made 7 arrangements using a variety of plant material. A new Gerbera called Prosecco, Avalanche white roses, Naomi, Red roses, Moonwalk, Yellow roses, Pink/Purple Dancing Cloud roses, Lemon Carnations, Purple Ageratum, Hot Chocolate Calla Lily, Cornflowers, Daisy Chrysanthemums, Peach Gerbera and Delphinium's to name but a few. She had some very interesting containers, some lined with fabric, some planter boxes, a black and bronze hollow vase and she also did a lovely design on a wreath ring. All were started with base foliage to include, Fats Hedra, Conifer, Hellebore, Sedum, Phorimum and Bergenia.

We heard stories of Beard competitions, making your own T-bags, crunchy celery, potato, carrot and onion soup in 5 variations. We laughed until our sides hurt, but also watched in amazement at these beautiful arrangements coming together. If ever you need cheering up I would recommend going to one of Brenda's demonstrations.





Jenny Moore gave the vote of thanks saying that Brenda was a breath of fresh air, and she was welcome to "Come Home" to us in Wickham Market any time.

Members enjoyed refreshments, taking photographs and the raffle. June closed the meeting by wishing everyone a lovely summer and looked forward to seeing everyone again in September.

Mandy Pryke

KETTLEBURGH GREEN TRUST LOTTERY

The results of August KGT Lottery draw are as follows:

1st prize: Leslie and Joy Doe

2nd prize: David Upson Trevor Jessop

BRANDESTON 100+ CLUB

Results of August 100+ club draw:

1st £25 No 21 Steve Westerm

2nd £10 No 53 M Ashwell

3rd Breakfast for 2 with compliments of 'The Queen' public house No 103 C Cullen

NOTICES

LINK ROMANIA SHOEBOX APPEAL 2016

Many people now contribute to this charity each year, and this is just a reminder about items for boxes this year, which need to be ready by the end of October. The following items are suitable for a Family Shoebox: shampoo, shower gel, small toys, toothbrushes and paste, nail clippers, brush/comb, safety razors, simple calculator, hair accessories, soap/flannel, colouring books, writing pads, sweets, chocolate, sewing kit, candles, soft toys, screwdriver, tape measure, socks, tights. If you would like to contribute a box for an elderly person/couple, extra ideas include: plasters, tissues, reading glasses, lavender bag, pens, paper, small mirror. Leaflets to attach to the shoeboxes will be available at Kettleburgh coffee mornings, at the back of Kettleburgh Church and at Kettleburgh Harvest Supper, or you can download a leaflet from the website link. If you would like to know more about the appeal, contact Jackie Clark (723623) or take a look at the website: http://linktohope.co.uk/ There is a link on the Kettleburgh website (Church page).

JC

KETTLEBURGH GREEN TRUST NEWS

New benches

We had a little money left over from the play area enhancement project so we bought a couple of new sturdy benches to replace the wooden ones which have succumbed to the ravages of sitting outside in all weathers. They are situated facing into the grassy area in the middle of the green and one you'll notice has the addition of a plaque to commemorate the 90th birthday this year of our long reigning queen.

Supplied by Kedel who provided the lovely colourful benches in the play area, these benches are made from recycled plastic, require no maintenance and built to last. So no oiling needed by KGT volunteers!

Noticeboard

Have you noticed our new noticeboard? It's just off the path near the Church Road entrance. We'll use this board to keep green users up to date with the latest news and contact information specific to the green. You can still find information on the village website and our Facebook page.

Donation

We have recently received a very kind donation from a village resident which we would like to put towards enhancing the green rather than general maintenance and insurance costs. Get in touch if you have ideas on how we might use it. We can often apply for grants for big items such as play equipment but smaller items such as benches usually have to come out of the money raised by the KGT from donations and other fundraising.

Online shopping??

Did you know that whenever you shop online, be it for a hat or a holiday, packed lunches or pencil cases, you could be raising a free donation for Kettleburgh Green Trust at no extra cost to you?

Simply sign up for free at easyfundraising.org.uk - it's as easy as 1, 2, 3! All you have to do is:

- 1. **Go to** http://www.easyfundraising.org.uk/causes/kgt
- 2. **Sign up** for free
- 3. **Get shopping** your donations will be collected by easyfundraising and automatically sent to Kettleburgh Green Trust. It couldn't be easier!

There are no catches or hidden charges and Kettleburgh Green Trust will be really grateful for your donations.

Thank you for your support.

Keep in touch with us by liking us on Facebook, following us on Twitter @kgtchair.

Caroline Wheeler-Rowe Treasurer and Fundraising Committee Chair Kettleburgh Green Trust Registered Charity 1110467

kgtchair@wheeler-rowe.com www.kettleburgh.onesuffolk.net/KGT

YOUR CHOIR NEEDS YOU!

On the Services page you may have seen Deirdre's note about sung services. Judging from the encouraging feedback we receive after these services we think that the presence of the choir on these occasions is appreciated and welcomed. But, as with a lot of things in village life, we are heavily dependent on the willing few. So, if you would like to help lead the congregational singing at these services, we shall be very pleased to welcome you. We are very friendly and don't bite. You don't need to be a sight reader but the ability to sing vaguely in tune does help. The music is not too difficult nor is the commitment very great – sung Holy Communion on the first Sunday and, when there is one, the fifth. We practice on Thursdays from 6.30 to 7.30, usually in Parham. We sing in rotation in all seven churches – so, effectively, about twice a year in yours. If you are interested, please let me know.

Michael Dawe 746441 or a.m.dawe@btinternet.com

THE MILLS CHARITY & MILLS EDUCATIONAL FOUNDATION

WHO ARE WE: The Mills Charity and Mills Educational Foundation were two charities set up 300 years ago by Thomas Mills to provide for the poor and needy in Framlingham and the surrounding villages. Thomas Mills and his friend Thomas Mayhew built 8 Almshouses in Station Road, Framlingham, opposite the Railway Pub, and Thomas Mills left money, property and land as an endowment. In those days there were no social services, no benefits, no National Health Service, and many people died young due to accidents and health problems. Also state schools did not exist for all children. Poverty was dire and people had to appeal to the Parish for food and fuel.

The two Charities are run by 8 Trustees and the Clerk, and decisions are made by the Trustees at meetings once a month.

WHAT DO WE DO: We own Almshouses and some rental properties, and we give grants of money to individual people who can't afford something they really need. We are about to build 14 new Almshouses in Framlingham, which will be 3 bedroom properties, suitable for families. It will be a couple of years before they have been built, so don't start queuing yet!

WHAT DO WE PAY FOR: We make grants to individuals for a wide variety of needs, and also to organisations such as village halls, local museums, churches, sports clubs, the Hour Community bus, and for village play equipment. The Mills Educational Foundation makes grants to children for educational purposes such as school trips, music lessons, sixth form bus fares, small grants towards foreign educational trips, and for higher education and apprenticeships. MEF also makes grants to schools and play groups for specific equipment.

HOW DO YOU APPLY: Write to The Clerk, The Mills Charity, or Mills Educational Foundation, P O Box 1703, Framlingham, IP13 9WW.

You need to live in Framlingham or one of the villages that borders Framlingham, **or** go to a school in Fram or one of the villages. ie you might go to school at Robert Hitcham but live in Rendham.

You will need to apply in writing, with a letter from your social worker, doctor, teacher, vicar, to back up your own letter. **Please state your name, address, phone number** and email if you have one, so we can contact you if we have any queries. State the reason for applying for a grant, exactly what you need, how much it costs, and how much you need from us. Eg if you are applying to several sources of funding, state how much you need from Mills.

All applications are completely confidential, and you do not need to be embarrassed. If you are not sure if you would qualify, write to us and we will let you know. Please apply in good time, 10 days before our meetings on the second Monday of each month.

By the way, the Trustees like to be thanked afterwards. It is very special to be able to give grants to people, and we like to be appreciated in return!

Website: millscharity.co.uk

Chairman: Mrs Persephone C Booth

TAKE ON A ONCE IN A LIFETIME CHALLENGE FOR YOUR LOCAL HOSPICE

Take on the challenge of a lifetime and cycle from London to Paris in 2017 to raise funds for St Elizabeth Hospice.

The local charity is looking for 60 supporters to take on the 300 mile bike ride from London to Paris between 19-24 September 2017, and have already filled a number of the spaces.

Joanne Rodger, St Elizabeth Hospice's events and challenges fundraiser, said: "We are really excited to offer people the chance to cycle from London to Paris next year as part of this group, as it is a great opportunity to complete such a fantastic challenge.

"Those participants that sign up now still have over a year to train and to fundraise, so we are eager to get as many people signed up as soon as possible. It will also mean more time for the group to get to know one another, allowing them to bond and work together ahead of the event.

"People of all cycling abilities and experiences can take part and everyone who signs up will be supported with their training and fundraising from now until they return from Paris.

"All the money raised from this exhilarating experience will go towards providing care and support to patients and their families wherever it is need, whether at home, in the community and at the hospice."

For more information about the London to Paris Cycle Ride please contact Joanne Rodger, events and challenges fundraiser at St Elizabeth Hospice on joanne.rodger@stelizabethhospice.org.uk or visit www.stelizabethhospice.org.uk/londontoparis

VILLAGE WEBSITES

For up-to-date information about your village, visit these websites: www.brandeston.net www.kettleburgh.suffolk.gov.uk

MAGAZINE ARTICLES

Please send, deliver or e-mail any contributions for the magazine by 15th of each month to: Mrs Val Butcher, Woodlands, Church Road, Kettleburgh, IP13 7LF or e-mail valerie.butcher@talk21.com, tel: 724777.

Please send e-mails in Microsoft Word format, or jpg for pictures/scans.

Covers

Thank you very much to **Janet Weston who** is providing regular drawings for our magazine cover.

CHURCH CLEANING

<u>Brandeston</u>		Kettleburgh
4^{th}	Julia Elson and Kelly Jeffery	Val Butcher
$11^{\rm th}$	Jane Mitchell and Louise Paget	Margaret Meadows
18^{th}	Helen Fletcher and Karren Piper	Alison Gibson
25^{th}	Ruth Garratt and Mary Baker	Jackie Clark
2 nd Oct	Christine and Colin Matthews	Jane O'Leary

CHURCH FLOWERS

4^{th}	Eve Crane	Claire Norman
11^{th}	Marion Kirton	Claire Norman
18^{th}	Eve Crane	Pat Peck
25 th	Helen Saxton	Pat Peck
2 nd Oct	Ruth Garratt	

HISTORY CORNER

JONAS

Just outside Wickham market, about 300 yards towards Charsfield, at the top of a small hill lies Potsford wood. A public footpath leads inland beside the wood and at the first junction of old tracks stands the only original gibbet post left standing in Suffolk. It has had some help to keep it standing from people in the past who banded it with iron and fixed it to an iron post.

The last time it was used was in 1699 as the following original document, found in the bible of Gervaise Hubbald tells us; "Apryl ye 14th upon a fryday 1699 in ye afternoone, Jonas Snell, joyrneman, (journeyman), murderer, malefactor, that murdered one Bullard the miller and his son at letheringham mill, in ye dead of night, on the mill by ye wicked malefactors owne handes, was executed at Wickham Market and hung up on (a) gibbette upon Poachards green the day and yeare aforesaid nigh Poachards grove."

Snell would almost certainly have been hung from a tree in Wickham Market when the wagon he was standing on was driven forwards. After death, the body would have been placed on a hurdle and dragged to the gibbet where it would hang in a cage or chains as a deterrent to other would be criminals.

Gwen Dyke, the well known historian told me "that if you're a bit posh the hill is known as "draggers hill"; to lesser people it is dragarse hill!"

Nature, that is to say birds such as blue tits etc, would reduce the remains to a skeleton within months. (Contemporary writers describe how you could see the cloud of flies from a mile away!)

Legend has it that Jonas was still hanging there in 1740!. If the remains fell they were usually buried at the foot of the post.

Old maps often show the position of gibbets and there were several around lpswich including one on Rushmere heath.

Peter Driver