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Marlesford	St Andrews		
Campsea Ashe	St John the Baptist	Glenys Fear	01728 747177
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Benefice website: www.orebeck.org

Contacting Rev. Ann
Rev'd Ann serves on a 0.6 basis, and her normal working days are Saturday to Wednesday midday.

Outside of those times please leave an answerphone message or email which she will attend to as soon as possible, or in an emergency please contact one of the Benefice Elders or Churchwardens.

Orebeck Benefice News (OBN) will be emailed monthly to all who request it, and printed copies will be available at each church.

To be added to the mailing list please contact:
peter.marett@hotmail.co.uk

Please send items for inclusion by the 20th of each month to: peter.marett@hotmail.co.uk

Orebeck Benefice News

October 2025



Harvest Thanksgiving

Campsea Ashe	Sunday 12th	11 am
Followed by a bring and share lunch		
Easton	Sunday 12th	2.30 pm
Followed by tea and cake		
Kettleburgh	Sunday 19th	5.30 pm
Followed by supper in the village hall		
Any donations of <u>unperishable</u> items for the food bank will be gratefully received.		



From Rev'd Ann:

On Sunday 18th October we celebrate the Feast of St Luke the Evangelist

— author of Luke's gospel and the Acts of the Apostles. Luke was a physician so on this festival it is traditional to have a service based around healing.

Healing, in its deepest sense, does not refer solely to physical cure. There are of course miracles, when people have been cured of physical illness and disability. We should never discount the miraculous, even if we don't experience it ourselves. However, in a Christian sense, healing is also to do with wholeness— about returning to God and putting right our relationship with Him so that his love, mercy and grace can fill our lives and help us to be the people he longs for us to be. *cont....*

Benefice Calendar: October 2025		
1	Wed	5 pm Compline at Marlesford
2	Thu	
3	Fri	
4	Sat	
5	Sun	Trinity 16
6	Mon	4 pm Prayers at Kettleburgh
7	Tue	
8	Wed	5 pm Compline at Marlesford
9	Thu	
10	Fri	
11	Sat	
12	Sun	Trinity 17
13	Mon	4 pm Prayers at Kettleburgh
14	Tue	
15	Wed	5 pm Compline at Marlesford
16	Thu	
17	Fri	
18	Sat	

Sunday 5th October
11 am Benefice Holy Communion at Kettleburgh

Sunday 12th October:
9.30 am Holy Communion at Brandeston
11 am Harvest at Campsea Ashe followed by bring and share lunch.
2.30 pm Harvest at Easton followed by tea and cake.
6pm Evening Prayer at Marlesford.

So much pain and hurt in our lives is caused by the gap between what we long to be and who we actually are. The healing process, it seems to me, begins with acknowledging who we are then recognising that God loves us and is always with us. From this comes a facing up to our own failings and weaknesses but also a sense of peace. From here we can learn to hold up everything to God and ask for forgiveness, help and healing.

Allowing God into every part of our lives, however dark and painful, is how we begin to heal and that always begins with prayer. Healing can also come through loving and being loved, through fellowship with others and by connecting with the natural world. For me, most especially, healing means being released from fear and learning to live life to the full, wherever we find ourselves and whatever happens to us. This can only be done with God's help.

Benefice Calendar: October 2025		
19	Sun	Trinity 18
20	Mon	4 pm Prayers at Kettleburgh
21	Tue	
22	Wed	5 pm Compline at Marlesford
23	Thu	Wed 22nd 7 pm Book Circle, Station House, Campsea Ashe
24	Fri	
25	Sat	9.00 –11 am Benefice Big Breakfast
26	Sun	Bible Sunday
27	Mon	4 pm Prayers at Kettleburgh
28	Tue	
29	Wed	5 pm Compline at Marlesford
30	Thu	
31	Fri	

Sunday 19th October
9.30 am Holy Communion at Marlesford
11 am Holy Communion at Parham
5.30 pm Harvest at Kettleburgh followed by supper in the village hall.

Sunday 26th October
11 am Benefice Holy Communion at Easton

Saturday 26th October
Benefice Big Breakfast at Hacheston Village Hall

The Next Benefice Holy Communion Service will be at 11 am on 2nd November at Brandeston

During these very unsettling times, it would be easy to succumb to fear. But God is calling us to a fuller life. We need to trust in him, place our burdens on to him and ask for his strength and grace to accept where we are and who we are.

The process of healing is not always easy and might well be painful as we face up to some truths about ourselves and our situations. However, God wants us to be healed, to be released from fear and walk with him into a new day where, we can be certain, he will never let us go.

Go well.
Ann

Cast all your anxiety on him because he cares for you.
1 Peter 5:7



Will and Lottie married at All Saints Easton Sept. 20th