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Campsea Ashe	St John the Baptist	Glenys Fear	01728 747177
Hacheston	All Saints	John Bradfield	01728 724481

Benefice website: www.orebeck.org

Contacting Rev. Ann

Rev'd Ann serves on a 0.6 basis, and her normal working days are Saturday to Wednesday morning inclusive.

Outside of those times please leave an answerphone message or email which she will attend to as soon as possible, or in an emergency please contact one of the Benefice Elders or Churchwardens.

Orebeck Benefice

News (OBN) will be emailed monthly to all who request it, and printed copies will be available at each church.

To be added to the mailing list please contact:
peter.marett@hotmail.co.uk

Please send items for inclusion by the 20th of each month to:
peter.marett@hotmail.co.uk

Orebeck Benefice News

October 2024



From Rev'd Ann:

September and October are often beautiful months here, the months in which we celebrate Harvest in our churches.

One of our Scripture readings for Harvest is the passage from Matthew 6: *'Therefore do not worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.'*

I often find these verses to be a 'hard sell'. Am I telling people that they mustn't worry about putting food on the table, or clothes on their back, because God will provide? Well, yes. Of course, this might be a crude reading of Jesus' words and most of us in our relative affluence don't really have to worry about such things. But how can we say this to people who rely on Food Banks, those for whom it is a genuine struggle to put food on the table.

Firstly, I could say something about anxiety and worry. We all are anxious and sometimes afraid. And faith in God and being a disciple of Christ is not a cure for anxiety. However, there are things that we legitimately do need to be worried about. What a Christian faith can do is give us a sense of perspective and proportion. We can get our priorities sorted out and focus on what is important.

Recently I was struck by these words in Psalm 126: *'Those who go out weeping, bearing the seed for sowing, shall come home with shouts of joy, carrying their sheaves.'*



Sowing with tears and reaping with joy take time; they need care and attention to the seasons and the rhythms of the earth. Sowing and harvesting are part of the natural cycle of things. We need to set what is not important aside, leave our anxiety with God, and go about the business of sowing God's kingdom here on earth, most especially through the care and generosity we show to one another, and more importantly, to those who struggle to feed themselves and their families.

We may not see the result, we may not be here to reap all that we have sown but this is not a cause for inaction but a cause for trust, hope and joy. Just as God faithfully clothes the lilies and feeds the birds, so he will faithfully provide for us. It will not always be in the way we have planned, but it will bring us life in all its fullness and build God's kingdom here for all.

Go well, Ann

Benefice Calendar: October 2024			Harvest Festivals this month at Easton, Parham and Kettleburgh will be collecting tins and packets for the Food Bank. Please bring your contributions to the service or leave them in the church porch on the day before. Thank you.
1	Tue		
2	Wed	5 pm Compline at Marlesford	
3	Thu		
4	Fri		
5	Sat		
Sunday 6th October 11 am Benefice Holy Communion at Easton .			
6	Sun	TRINITY 19	
7	Mon	4 pm Prayers at Easton	
8	Tue		
9	Wed	5 pm Compline at Marlesford	
10	Thu		
11	Fri		
12	Sat		
13	Sun	TRINITY 20	
14	Mon	4 pm Prayers at Easton	
15	Tue		
16	Wed	5 pm Compline at Marlesford	
17	Thu		
18	Fri		
19	Sat		
20	Sun	TRINITY 21	

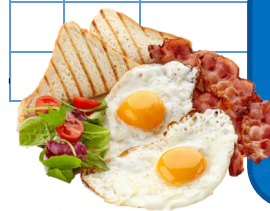
Sunday 13th October

Brandeston: 9.30 am Holy Communion.
Campsea Ashe: 9.30 am Morning Worship
Easton: 11.00 am Harvest Festival followed by a Bring and Share Lunch in the church.
Parham: 11.00 am Harvest Festival
Marlesford: 6.30 pm Holy Communion.

Sunday 20th October

Campsea Ashe: 11am Holy Communion
Marlesford: 11 am Morning Worship
Kettleburgh: 5.30 pm Harvest Festival followed by supper in the village hall.

Benefice Calendar: October 2024			Sunday 27th October Brandeston: 9.30 am Morning Worship. Easton: 11.00 am Morning Worship Parham: 11.00 am Holy Communion Kettleburgh: 6.30 pm Holy Communion.
21	Mon	4 pm Prayers at Easton	
22	Tue		
23	Wed	5 pm Compline at Marlesford	
24	Thu		
25	Fri		
Wed 7.00 pm Christian Book Circle at the Station House, Campsea Ashe			
26	Sat	9 to 11 am Big Breakfast	
27	Sun	BIBLE SUNDAY	
28	Mon	4 pm Prayers at Easton	
29	Tue		
30	Wed	5 pm Compline at Marlesford	
31	Thu		



Benefice Big Breakfast

at Hacheston Village Hall
 Saturday 26th October
 9 to 11 am
 Helpers needed!

The breakfasts are free as an outreach opportunity to the community but donations are gratefully received.

Health and well-being survey: Our Villages Community Partnership would like to explore challenges, barriers and possible solutions relating to our health and wellbeing in order to help East Suffolk Council deliver the right kind of support where it is needed. Please take part in the survey at:

www.surveymonkey.com/r/RuralWellbeing

Next Benefice service:

11 am 3rd Nov at Hacheston.



A good number of cyclists called in at many of our churches on September 14th, each sponsored to raise funds for the **Suffolk Historic Churches Trust**. Details of numbers involved and amounts raised have yet to be released but our thanks goes to all who participated and to all who played host at each church. Our thanks also goes to all who donated unwanted tools for Tools with a Mission. A really good number were collected across the benefice and will help those with few resources to earn a living.



£23m over the next decade is available for communities impacted by the construction of Sizewell C. Sarah and James from Suffolk Community Foundation will be at the Station House in Campsea Ashe on **Wednesday 9th October** and are inviting community groups to discuss project ideas, ask questions about the fund, and get support with making an application. The 45 minute appointments can be booked online at: www.sizewellcfund.org.uk or by calling the team on 01473 602 602.