		Benefice Calendar: January 2024				
31	Sun	10.00 Benefice Communion at Marlesford				
1	Mon	10.30-12.30 Coffee at Rev. Ann's. / 4 pm Prayers at Parham				
2	Tues					
3	Wed	4 pm Compline at Marlesford				
4	Thur					
5	Fri					
6	Sat	Epiphany				
7	Sun	11.00 Benefice Plough Blessing at Parham followed by lunch.				
8	Mon	4 pm Prayers at Parham				
9	Tues					
10	Wed	4 pm Compline at Marlesford				
11	Thur					
12	Fri					
13	Sat					
14	Sun	2nd after Epiphany Sunday 14th January				
15	Mon	4 pm Prayers at Parham 9.30 Morning worship at				
16	Tues	10.30—12 noon Coffee at SH *. Brandeston and Campsea Ashe				
17	Wed	4 pm Compline at Marlesford Easton				
18	Thur	18th to 25th January: 11.00 Morning Prayer at				
19	Fri	Parham with Hacheston Week of prayer for				
20	Sat	Christian Unity 4.30 pm Evening Prayer at Marlesford				
		www.ctbi.org.uk				

Benefice Calendar: January 2024						
21	Sun	3rd after Epiphany				
22	Mon	4 pm Prayers at Parham	Sunday 21st January9.30 Zoom Service **			
23	Tues		9.30 Holy Communion at			
24	Wed	4 pm Compline at Marlesford 7 pm Book Circle Campsea Ashe	Marlesford 11.00 Holy Communion at			
25	Thur		Kettleburgh 6.00 pm Evening Prayer at			
26	Fri		Parham			
27	Sat		Sunday 28th January			
28	Sun	4th after Epiphany	9.30 Morning Worship at			
29	Mon	4 pm Prayers at Parham	Brandeston			
30	Tues		9.30 Holy Communion at Campsea Ashe			
31	Wed	4 pm Compline at Marlesford	11.00 Morning worship at Easton			
4th I	February: I	Benefice service for Candlemas	11.00 Holy Communion at Hacheston with Parham			



10am at Brandeston

*Meet Rev. Ann for coffee at The Station House, **Campsea Ashe** on the third Tuesday of every month. Parking is available at the station or at Clark & Simpson's auction house.

** To receive a link to the **Zoom service**, contact Bill - bill78@btinternet.com



The **Christian Book Circle** (Inter-denominational discussion group) meets at 7pm on the 3rd Wednesday of every month at the Easterling Room in The Station House, Campsea Ashe. Bring a flask as the café is closed during the evening. All welcome.

6.30 pm Evening prayer at

Kettleburgh

Orebeck	Orebeck Benefice: Pastoral Contacts					
PRIEST-IN-CHARGE	Rev. Ann Kember 01473 791505 mobile 07369 240252 annkember58@gmail.com		Rev'd Ann serves on a 0.5 basis, and her normal working days are Saturday to			
LAY READER	Martin Crane	07824 835493	Tuesday inclusive.			
ELDERS	Mary Baker	01728 685807	Outside of those days please leave an			
	Jackie Clark	01728 723623				
	Jane Woodbury-Eggins	0 1728 746667	answerphone mes-			
	John Bradfield	01728 724481	sage or email which she will attend to as			
	Carol Cooke	01728 747625	soon as possible,			
	Jane Slade	01728 723707	or in an emergency			
ORGANIST	Graeme Hall	01728 746371	please contact one of			
SAFEGUARDING OFF email: lesleybensley@	• •	07901 882464	the Benefice Elders or Churchwardens.			

Ore	Orebeck Benefice			
Brandeston	All Saints	Mary Baker	01728 685807	News replaces
		Chris McArthur	01473 737553	"A Slice of Suffolk" magazine while we
Kettleburgh	St Andrews	John Bater	01728 723532	wait for a voluntee
		Persephone Booth		editor to join the
Easton	All Saints	Jane Woodbury- Eggins	01728 746667	team. The Benefice News
Parham	St Mary's	John Bradfield	01728 724481	will be emailed
		John Adams	07789 746910	monthly to all who
Marlesford	St Andrews	Nan Waterfall	01728 747038	request it, and prir
Campsea Ashe	St John the Baptist	Glenys Fear	01728 747177	copies will be avail ble at each church.
Hacheston	All Saints			Please send items inclusion by the 20
				of each month to :

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News who d print availaurch.

ems for he 20th h to :

peter.marett@hotmail.co.uk

Orebeck Benefice News January 2024

A Word from Rev. Ann

I am not a huge fan of New Year as a celebration. But it can be helpful in directing our thoughts to what has been and what is to come.

As we look into 2024, we look at a block of time. We see 12 months, 52 weeks, 365 days, and all is a gift from our Creator. We have done nothing to deserve it, earn it, or purchase it. Like the air we breathe, time comes to us as a part of life.

We may look ahead at a full year's block of time, but we really have no guarantees as to what will unfold. So, what we can do is to make sure that we make the best of the time we are given, and practice thankfulness and generosity. Kindness and generosity are needed more than ever, and we can choose to invest in these, giving some of our time to others.

Time is one of our most precious possessions. We can waste it. We can worry over it. We can spend it on ourselves, denying our own frailties.



Or, as good stewards, we can invest it in building God's kingdom here on earth, contributing to the well-being of others.

This new year we also need to spend time praying for peace in so much of our world, and doing whatever is in our power to work towards that end.

The new year is full of time. As the seconds tick away, will you be tossing time out the window, or will you make your time here count? Rev Ann.

Plough Sunday at St Mary's, Parham 7th January 2024



We are reviving the tradition of Plough Sunday. which was celebrated in rural communities over hundreds of years, with the blessing of a plough. This looks forward to the time of sowing with a promise of a harvest to come. Please do come and join us for a lovely meaningful service and for a ploughman's lunch afterwards at the village hall.